

## Mobile Watch System with GPS & Fall Protection User Guide

### Congratulations on choosing your personal emergency response system!

The Mobile Watch System with GPS & Fall Detection is designed for seniors, aging adults, and at-risk individuals who may live alone while enjoying an active lifestyle. It combines many intelligent functions, including SOS alarm, two-way talking, heart rate monitor, and many more. The functions are advanced, but the operation is simple.

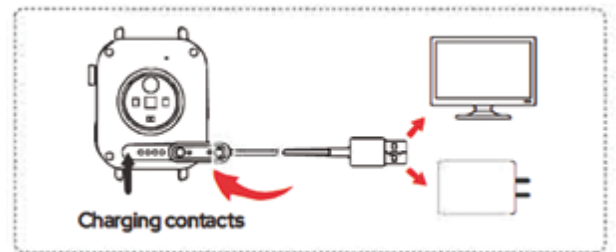
#### 1. Getting to know your watch



#### 2. Accessories



#### 3. Charging your watch



- When you get a low battery notification on the device, please charge it right away.
- The watch has magnetic charging contacts. Please align the charging contacts on the watch with the contacts on the charging cable until "Charging" is displayed on the watch screen. Place watch on a flat surface and connect USB to charging block or a computer USB port.
- During charging, the watch screen will be locked. Please charge the smartwatch fully every day or whenever the battery is low. It will take about 2 hours to fully charge.

**Note:** Press and hold down the On/Off button for 3-5 seconds to power on the Mobile Watch System with GPS & Fall Detection. If the new watch does not turn on, it is probably without power. Please connect the charging cable until the watch turns on automatically. The watch battery is not removable. It can continue to discharge even when not in use, so after a long period of inactivity, it may not turn on. This is why it is important to charge your smartwatch every day.

#### 4. Functions and basic settings 1

When the the Mobile Watch System with GPS & Fall Detection is turned on, swipe leftwards or rightwards to view all available functions It displays watch face, pedometer, settings, stopwatch, pulse/blood pressure and temperature.



#### 5. Steps

Swipe right on the watch face to find the Pedometer display. Step counting is enabled by default and opened all day. This resets at midnight.



1. At watch face, you can see time and date.
2. You have three different watch options available. To change them, press and hold, then swipe between the two faces to change it.
3. Pull down the status bar to display battery, date, and watch settings.

#### 6. Heart rate measurement

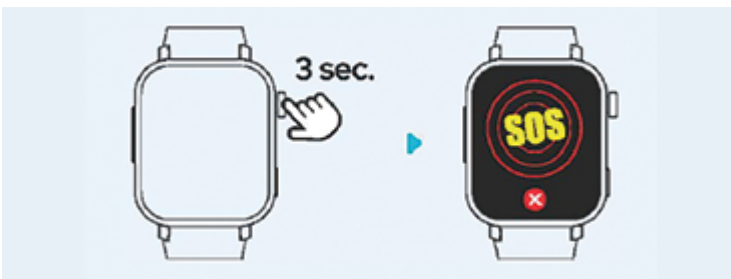
Swipe the watch face until you reach the Pulse & Blood Pressure display. Wait for several seconds, and the screen will display your heart rate in Beats Per Minute (BPM).



#### 7. Activating an SOS alarm

In case of Emergency, press and hold the red dial on the side of the watch for 3 seconds. This will call the Galaxy Medical Alert Response Centre.

In case of an accidental activation, press the "x" to cancel the SOS.



- After SOS alarm is activated, you will hear a voice prompt confirming the activation of the SOS alert and allowing you approximately 5 seconds to cancel the alarm.
- If the SOS is not cancelled in time, the emergency call is placed to the Galaxy Medical Alert Response Centre. (SMS and/or email sent to emergency contact list if configured)
- The wearer's home/cell number is called. (if configured with the Galaxy Medical Alert Response Centre.)
- Emergency contacts called if no contact made on the wearer's home/cell number. (if configured with the Galaxy Medical Alert Response Centre.)

## 8. Fall detection

The Mobile Watch System with GPS & Fall Detection can automatically detect a fall. When this occurs the Mobile Watch System with GPS & Fall Detection will give a warning message to the user.

- Some daily activities like sports or even sitting down abruptly can trigger the fall alarm.
- The wearer has a short time to cancel a fall alarm by clicking cancel on the watch. If alarm is not cancelled, emergency number will be called.

**Note:** *It is possible that the watch will not detect every real fall. We strongly advise the wearer to press the SOS button in an emergency situation, if they are able.*



## 9. Getting a GPS location

To get an initial GPS location, go outdoors or near a window so the watch can get a fix on the satellites. This could take a few minutes depending on your environment.

**Note:** *GPS functionality may be unavailable or inaccurate in some locations (for example, if the wearer is indoors, near tall buildings, or underground).*

- The watch also provides Wi-Fi positioning. When GPS is unavailable, it will switch to Wi-Fi.
- Please note Wi-Fi locating service is not 100% accurate, it can be used to approximate your location only.

## 10. General specifications

- Dimensions: 49.1 x 41 x 14.1mm
- Weight: 50.6 grams
- Battery: 600mAh (Rechargeable; magnetic 2-pin)
- Waterproof: IP67
- Cellular connectivity: 4G, 3G, 2G

**Please comply with the instructions to extend the Mobile Watch System with GPS & Fall Detection life:**

- Do not use and store the watch in dusty, hot, cold, electric, chemical areas. Please always keep the watch and accessories dry.
- Do not drop, shake or knock the watch. Rough handling can break it.
- Clean watch using a dry cloth. Do not use harmful chemicals or detergents.
- Do not disassemble or refit the watch as it will void your warranty.
- Attempting to use other batteries can cause the watch to function incorrectly, or damage the watch.
- To avoid accidents, never use the watch while driving.
- Please turn off the watch while flying and follow any restrictions. Wireless devices can cause interference in aircraft.

### **WARNING:**

- Please use the charger and USB cable provided with the device.
- Do not charge battery near sources of fire or under extreme heat conditions.
- Only use alternating current (AC) power provided by standard wall outlets. Do not use non-standard power sources (such as generators or inverters), and do not directly connect the battery to wall outlets or electrical sockets.
- Do not expose the device to fire, explosion, or other hazardous environments.
- When using the device, it is recommended to maintain a distance of at least 10 cm (3.94 inches) from pacemakers to avoid potential interference.

**24 Hour Galaxy Medical Alert Response Centre**  
**Toll Free Number 1-866-332-0143**